

## Trigg County

### 1) Brief History

Trigg County, the sixty-sixth county in order of formation, was created on January 27, 1820, and was formed principally from Christian County and a small portion of Caldwell. The county was named for Col. Stephen Trigg, a native of Virginia, who came to Kentucky in the fall of 1779 as a land commissioner. He was fatally wounded on August 19, 1782, in the disastrous Battle of Blue Licks. The county seat is Cadiz.

During its early years the county's major contact with the outside world was by steamboat on the waters of the Tennessee and Cumberland rivers. Landings at Linton, Canton, and Rock Castle were major shipping points. The coming of a railroad in adjoining Christian County and construction in 1901 of the Cadiz Railroad (abandoned in the late 1980s) to connect with a major line at Gracey was the beginning of the end for local river traffic. Improved highways, particularly the east-west U.S. 68, helped to move Trigg County into Kentucky's mainstream.

In the early 1930s the U.S. government acquired land for military and civilian projects, among them the construction of large dams on the Tennessee and Cumberland rivers, which formed Kentucky and Barkley lakes. The nucleus of the area's water playground, which attracts over a million visitors each year, is Lake Barkley State Resort Park. With the completion of I-24 through the northeastern section of the county, the lake's area became accessible to urban centers to the south, including Nashville.

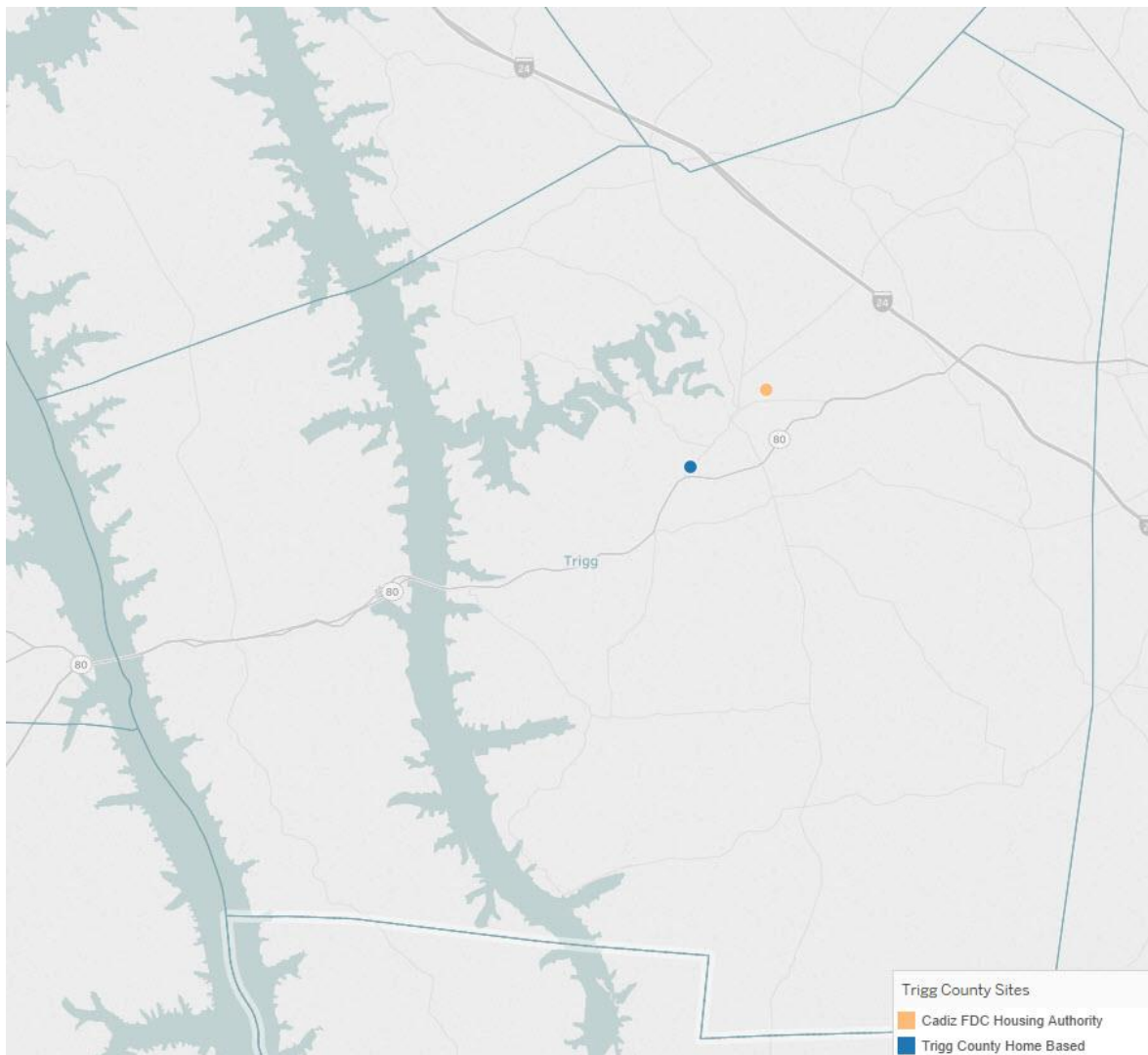
### 2) Geographical Description

Located on the southwestern edge of the Pennyroyal region, Trigg County is bounded by the Tennessee state line to the south and by Kentucky Lake to the west and contains 421 square miles. Trigg County is surrounded by Calloway, Marshall, Lyon, Caldwell, and Christian counties.

The land in Trigg County is comparatively level in the east, with ranges of broken hills in the south and west. Tributaries of the Cumberland and Tennessee rivers that cross the western portion of the county include the Little River. The soil is limestone with a red clay foundation, and farmland in the river and creek valleys is rich and productive.

Sources: *kyenc.org*  
*triggcounty.ky.gov*

### 3) Location of Centers



Cadiz FDC Housing Authority  
117 Lincoln Avenue  
Cadiz, KY 42211

Trigg County Home Based  
1724 Canton Road  
Cadiz, KY 42211

#### 4) Demographic Data

##### a) Population Description and Projected Growth

Annual Estimates of Resident Population											
April 1, 2010		Population Estimate (as of July 1)								5 YR Net Change	
Census	Estimates Base	2010	2011	2012	2013	2014	2015	2016	2017	Total	%
14,339	14,334	14,329	14,221	14,419	14,308	14,136	14,228	14,313	14,444	25	0.2%

Age Group as a Percent of Population														
Total population	Under 5		5-9		10-14		15-19		20-24		25-34		35-44	
	Actual	%	Actual	%	Actual	%	Actual	%	Actual	%	Actual	%	Actual	%
14,267	688	4.8	1,000	7	924	6.5	825	5.8	606	4.2	1,264	8.9	1,808	12.7
	45-54		55-59		60-64		65-74		75-84		85 yrs+			
	2,007	14.1	973	6.8	1,130	7.9	1,959	13.7	784	5.5	299	2.1		

##### b) Households and Families

Households and Families	Total	Married Couples	Male Householder, No Wife Present	Female Householder, No Husband Present
Total households	5,977	3,193	301	713
Average household size	2.4%	2.8%	2.8%	3.1%
Families				
Total families	4,207	3,193	301	713
Average family size	2.8%	2.8%	2.5%	2.9%
Age of Own Children				
Households with own children under 18 years	1,515	929	123	463
Under 6 years only	15.2%	16.6%	41.5%	5.6%
Under 6 years and 6 to 17 years	17.6%	20.3%	0.0%	16.8%
6 to 17 years only	67.1%	63.1%	58.5%	77.5%
Selected Households by Type				
Households with one or more people under 18 years	30.6%	34.3%	46.5%	73.1%
Households with one or more people 60 years and over	48.4%	47.8%	37.5%	23.4%
Householder living alone	24.0%	(X)	(X)	(X)
65 years and over	13.2%	(X)	(X)	(X)
Units in Structure				
1-unit structures	77.1%	87.2%	75.4%	65.5%
2-or-more-unit structures	6.2%	2.0%	10.6%	11.2%
Mobile homes and all other types of units	16.8%	10.8%	14.0%	23.3%
Housing Tenure				
Owner-occupied housing units	81.3%	88.4%	60.1%	66.9%
Renter-occupied housing units	18.7%	11.6%	39.9%	33.1%

## c) Racial and Ethnic Demographics

Racial & Ethnic Demographics							
Total:	Not Hispanic or Latino						
	White	Black or African American	American Indian & Alaska Native	Asian	Native Hawaiian & Other Pac. Islander	Other race	2 or more races:
14267	12588	1252	0	63	0	0	99
Hispanic or Latino							
Hispanic or Latino:	White	Black or African American	American Indian & Alaska Native	Asian	Native Hawaiian & Other Pac. Islander	Other race	2 or more races:
265	260	0	0	0	0	0	5

## d) Characteristic and Projected Growth

Census 2000 and 2010			
Actual			
Census 2000	Census 2010	Net Change	% Change
14,339	14,261	-78	-1.00%

Population Projections 2015-2030											
Projections											
2015	Net Change	% Change	2020	Net Change	% Change	2025	Net Change	% Change	2030	Net Change	% Change
14,233	-28	-1.00%	14,395	162	1.00%	14,482	87	1.00%	14,544	62	1.00%

## Summary Indicators

Population			Median age			Ratio Analysis				
Total	Male	Female	Total	Male	Female	Sex ratio (males per 100 females)	Age dependency	Old-age dependency	Child dependency	
14,267	6,993	7,274	45.1	44.8	45.4	96.1	77.4	37.8	39.6	

## e) Social and Economic Status of Population

**Educational Attainment**

Less than a High School Diploma or Equivalent	High School Diploma or Equivalent	Some College but No Degree	Associate's Degree	Bachelor's Degree	Graduate or Professional Degree
17.9%	34.1%	21.5%	8.1%	10.3%	8.1%

**Basic Facts**

Total Population	Median Household Income	Per Capita Income	Living In Poverty	Eligible for Medicaid	Without Medical Insurance	Unemployment Rate	Access to Broadband Internet
14,293	\$45,629	\$25,527	16.1%	14.7%	19.1%	8.9%	96.8%

**Employment by Sector**

Manufacturing and Construction	Utilities, Trade and Transportation	Information and Communication	Finance, Professional, and Other Services	Health and Education Services	State and Local Government and Public Education	Agriculture, Mining, and Other Natural Resources	Suppressed Employment
19.9%	15.1%	0.0%	3.7%	36.5%	20.0%	3.4%	0.0%

## 5) Estimated Number of Head Start Eligible Children

**Estimated Number of Early Head Start Eligible Children**

Total population (Estimate)	%	Under 5 Years	Children 0-2 Years Old	2015 Child Poverty Rate	Estimated Eligible Income	Funded Enrollment	Difference
14,267	5.2%	748	447	26.5%	118	12	-106

**Estimated Number of Head Start Eligible Children**

Total population (Estimate)	%	Under 5 Years	Children 3-4 Years Old	2015 Child Poverty Rate	Estimated Eligible Income	Funded Enrollment	Difference
14,267	5.2%	748	301	26.5%	80	37	-43

## 6) Nutrition

Health Outcomes and Factors															
Health Outcomes		Health Factors		Length of Life		Quality of Life		Health Behaviors		Clinical Care		Social & Economic Factors		Physical Environment	
Z-Score	Rank	Z-Score	Rank	Z-Score	Rank	Z-Score	Rank	Z-Score	Rank	Z-Score	Rank	Z-Score	Rank	Z-Score	Rank
-0.86	19	-0.20	43	-0.20	42	-0.65	4	-0.10	35	-0.01	52	-0.06	55	-0.02	40

Health Care Providers								
Primary Care Physicians			Dentists			Mental Health Providers		
# Primary Care Physicians	PCP Ratio	Z-Score	# Dentists	Dentist Ratio	Z-Score	# Mental Health Providers	MHP Ratio	Z-Score
3	4744:1	0.93	2	7132:1	0.92	1	14264:1	0.68

## 7) Children with Disabilities

Services Received by Children										
Children 0-2 Years Old		Children 3-4 Years Old		Children Receiving WIC	Children Living Below 100% Poverty		Children Living Below 150% Poverty		Children Living Below 200% Poverty	
447	3.1%	301	2.1%	277	414	50.7%	489	59.9%	572	70.0%

Families Served by the First Steps Program	# Families Served by the HANDS Home Visitation Program	<u>Risk Factors</u> - Birth to Teenage Girls 15-19 - Rate per 1,000 Females Ages 15-19		<u>Risk Factors</u> - Preterm Babies (born before 37 weeks of pregnancy)	
0	26	18	42.6	17	11.6%

## 8) Strengths and Needs of Head Start Eligible Children and Families as Defined by the Families

Families in each county were given the opportunity to be involved in our Family Partnership Agreement process which included completing an individualized family goal, pre-assessment, and post assessment. The main areas for both assessments include: education, employment, housing, transportation, emergency assistance, child birth, relative child, family literacy, resources/training, volunteering, and community involvement. The purpose of the pre-assessment is to better understand the family's unique strengths and needs to determine if any follow-up of services or resources are needed.

Pre & Post Assessment with Families			
Assessment	1	2	+/-
Employment & Job Skills	3.5	3.5	▲0.1
Money Management	3.5	3.3	▼0.1
Safe and Stable Housing	3.5	3.7	▲0.2
Transportation Access	3.8	3.8	-
Medical, Dental & Vision Care	3.8	4	▲0.1
Mental Wellness	3.9	3.6	▼0.4
Nutrition	3.3	3.4	▲0.1
Parenting Practices	3.9	3.8	▼0.1
Actively Involved with Child	3.9	3.9	▲0.1
Language Development	3	3.7	▲0.8
Parent as Educator	3.5	3.6	▲0.1
Adult Education	2.1	2.2	▲0.1
Transitional Services	3.1	3.3	▲0.1
Support Network	3.6	3.4	▼0.1
Civic/Community Involvement	2.4	2.9	▲0.4
<b>TOTAL</b>	<b>50.7</b>	<b>52.1</b>	<b>▲1.4</b>

## 9) Strengths and Needs of Head Start Eligible Children and Families as Defined by the Community

- Lack of health insurance
- Cost is a barrier to accessing care
- Financial problems in accessing mental health services
- Inadequate money to obtain medicine (26% of responses)
- Inadequate money to buy food (11% of responses)

Most important problems cited by a majority of participants included:

- Cancer – 71%;
- Obesity – 67%; and
- Drug abuse – 62%

The local Health Department also completed a five county needs assessment. The top five issues identified (not in rank order) included:

- Alcohol/drug abuse;
- Cancer
- Heart disease/stroke
- Obesity
- Prescription drug abuse

## 10) Other Child Development Programs

Early Care and Education Programs						
Head Start Enrollment	Preschool	Kindergarten	3- and 4-Year-Olds with Disabilities	3- and 4-Year-Olds Income eligible	3- and 4-Year-Olds with Disabilities	At-Risk 4-Year-Olds at or Below 160% FPL
42	58	152	21	40	1	30

Total Child Care Capacity	Children Receiving Child Care Assistance (CCAP Program)	CCAP at Licensed Centers	CCAP at Licensed Homes	CCAP at Certified Homes	CCAP at Registered Providers
387	20	20	<10	<10	<10

Child Care Providers				
Percent of Total Child Care Facilities by STAR Rating				
One Star	Two Stars	Three Stars	Four Stars	Unrated
16.7%	66.7%	16.7%	0.0%	0.0%

Licensed/Certified Child Care Centers and Capacity by STAR Rating							
STARS Licensed	STARS Certified	STARS Licensed Child Care Capacity	STARS Certified Child Care Capacity	Not STARS Licensed	Not STARS Certified	Not STARS Licensed Child Care Capacity	Not STARS Certified Child Care Capacity
6	0	387	0	0	0	0	0



## Access and Availability of Community Resources

### **Career Training, Employment, and Job Readiness**

**Kentucky Farm Workers**

110 Riverfront

Hopkinsville 42240

Phone: 270-886-9427

**Kentucky Department of Employment Services**

110 Riverfront Drive

Hopkinsville 42240

Phone: 270-889-6509

**Bureau of Vocational Rehab Services**

C/O Trigg County Health Department

East Main St., Cadiz, KY 42211

Phone: 270-522-8121

### **Child Services**

**Protection and Permanency**

277 Commerce Street

P.O. Box 32

Cadiz, KY 42211-0032

Phone: 270-522-3451

Fax: 270-522-0131

**Child Support Office**

38 Main Street

Cadiz, KY 42211-1549

Phone: 270-522-4733

Fax: 270-522-4734

### **Clothing**

**Family Support Services**

20 Main St

Cadiz, KY 42211

Phone: 270-522-6671

**Disability Services****Protection & Advocacy**

Toll Free: 800-372-2988

100 Fair Oaks Lane, Suite 302

Frankfort, KY 60201

\*Issues related to disability

[www.kypa.net](http://www.kypa.net)**Center for Accessible Living**

Phone 270-753-7676

1051 N. 16 Street Suite C

Murray, KY 42071

**Domestic Violence****National Domestic Violence Hotline**

Toll Free: 800-779-SAFE

**Battered Women Justice Project**

Toll Free: 800-903-0111

**National Network to End Domestic Violence**

Phone: 202-543-5566

**Educational Opportunities****Trigg County GED Information**

Phone: 270-522-2211

**Adult Education Center**

Phone: 270-522-2211 202

E Main St.

Cadiz 42211

**Ex-Offender/Sex Offender Assistance & Advocacy****Bluegrass Reentry Council**

Phone: 859-977-2502

**Chrysalis House**

Fax: 859-233-9231

1589 Hill Rise Drive (Off of Versailles Road)

Lexington, KY 40504 [www.KentuckyReentry.org/](http://www.KentuckyReentry.org/)**Protection & Advocacy**

Toll Free: 800-372-2988

100 Fair Oaks Lane, Suite 302

Frankfort, KY 60201

\*Issues related to disability

[www.kypa.net](http://www.kypa.net)

**Financial Assistance****Heartland Cares**

Phone: 270-444-8183

619 N. 30<sup>th</sup> Street  
Paducah, KY 42001  
[www.hcares.org](http://www.hcares.org)

**Pennyrile Allied Community Services**

Phone: 270-522-

3265 Courthouse

Cadiz, KY 42211  
[www.pacs-ky.org](http://www.pacs-ky.org)

**Food Assistance****Feed His Flock Ministry**

Phone: 270-924-9302

**Heartland Cares**

Phone: 270-444-8183

619 N. 30<sup>th</sup> Street  
Paducah, KY 42001  
[www.hcares.org](http://www.hcares.org)

**Helping Hands**

Phone: 270-522-

4628

**Pennyrile Allied Community Services**

Phone: 270-522-

3265 Courthouse

Cadiz, KY 42211  
[www.pacs-ky.org](http://www.pacs-ky.org)

**Simple Blessings Ministry**

Phone: 270-522-

6002

**Gambler's Anonymous****1-888-GA-HELPS**

**Government Agencies (Includes State & Local Officials/Police Agencies)****Bureau of Vocational Rehab Services**

Phone: 270-522-

8121 C/O Trigg County Health Dept.

East Main Street

Cadiz, KY 42211

**Family Support Services**

Phone: 270-522-6671

20 Main Street

Cadiz, KY 42211

**Cabinet for Family & Health Services**

Phone: 270-522-3451

P.O. Box 32

277 Commerce Street

Cadiz, KY 42211

**Kentucky Farm Workers**

Phone: 270-886-9427

110 Riverfront

Hopkinsville, KY 42240

**Trigg County Health Department**

Phone: 270-522-8121

196 East Main Street

Cadiz, KY 42211

**KY Department of Employment Services**

Phone: 270-889-6509

110 Riverfront Drive

Hopkinsville, KY 42240

**Pennyrile Allied Community Services**

Phone: 270-522-3265

Trigg Co. Court House

Cadiz, KY 42211

**Sheriff's Office**

Phone: (270) 522-6014

P.O. Box 1690

Cadiz, KY 42211

**Circuit Clerk**

Phone: (270) 522-6270

P.O. Box 673

41 Main Street

Cadiz, KY 42211-0673

**Healthcare****Trigg County Hospital Inc.**

254 Main Street

Cadiz, KY 42211

Phone: 270-522-3215

**Trigg County**

196 Main Street

P.O. Box 191

Cadiz, KY 42211

Phone: 270-522-8121

Fax: 270-522-5384

**HIV/AIDS****AIDS-KY HIV- AIDS Program**

Toll Free: 800-420-743

**Halfway Houses, Homeless Shelters, and Housing****Heartland Cares**Paducah, KY 42001 [www.hcares.org](http://www.hcares.org)

Phone: 270-444-8183

**Sanctuary, Inc.**

P.O. Box 1165

Hopkinsville, KY 42241-1165

[www.sanctuaryinc.net](http://www.sanctuaryinc.net)

Phone: 270-885-4572

**Identification: Birth Certificates, Driver's License, Social Security****Driver's License****Trigg Circuit Clerk**

41 Main Street

P.O. Box 673

Cadiz, KY 42211

Phone: 270-522-6270

Phone: 270-522-9951

**Social Security Office – Main Office**

601 W. Broadway, Room 101

Louisville, KY 40202

Phone: 866-716-9671

Toll Free: 800-772-1213

TTY: 502-582-5517

**Trigg County Social Security Office**

3855 2100 Ft. Campbell Blvd.

Hopkinsville, KY 42240

Phone: 270-886-

**Birth Certificate Information****Office of Vital Statistics**

275 E. Main Street, 1E-A

Frankfort, KY 40621

Phone: 502-564-4212

**Legal Help****Kentucky Legal Aid**

9243 1700 Destiny Lane

Bowling Green, KY 42104

[www.klaid.org](http://www.klaid.org)

Toll Free: 866-452-

**Mental Health Services****Pennyroyal**

Phone: 502-886-5163

**Crisis Phone Number:**

Toll Free: 877-473-7766

**Western State Hospital**

Phone: 270-886-4431

P.O. Box 2200

Hopkinsville, KY 42240

**The Cabinet's on-line provider locator (searches by county):**<http://mhmr.ky.gov/ProviderDirectory/OnlineProviderDirectory.aspx>**Substance Abuse & Mental Health Service Administration [SAMHSA]**<http://mentalhealth.samhsa.gov/databases/facility-search.aspx?state=KY>**State Protection and Advocacy:****Kentucky Protection and Advocacy**

Toll Free: 800-372-2988

100 Fair Oaks Lane, Suite 302

Frankfort KY 40601

\*Issues related to

disability [www.kypa.net](http://www.kypa.net)

**Support Groups:****Alcoholics Anonymous**

Toll Free: 800-467-

8091 To find a meeting, go to <http://area26.net/Meetings/meetings.html>On-line "Big Book": [http://www.aacincinnati.org/central\\_office.html](http://www.aacincinnati.org/central_office.html)**Narcotics Anonymous**

Toll Free: 800-662-

HELP On-Line Meeting Directory

<http://portaltools.na.org/portaltools/MeetingLoc/>**Kentucky Narcotics Anonymous**<http://www.nakentucky.com/>**Mental Health Association of Kentucky**

Phone: 502-638-3501

120 Sears Avenue Suite 213

Fax: 502-896-1306

Louisville KY 40207

Toll Free: 888/705-0463

[mhaky@mhaky.org](mailto:mhaky@mhaky.org)<http://www.mhaky.org/>**Medication Assistance Programs:****Partnership for Prescription Assistance**[www.pparx.org](http://www.pparx.org)**RXHope**[www.rxhope.com](http://www.rxhope.com)**Transportation**

**2-1-1** is an easy-to-remember telephone number that connects people with important community services, including transportation options.

**Veteran's Services****Kentucky Department of Veteran's Affairs**

6245 1111 B Louisville Road

Frankfort, KY 40601

[www.veterans.ky.gov](http://www.veterans.ky.gov)

Toll Free: 800-572-

Phone: 502-564-9203

Fax: 502-564-9240

**Readjustment Counseling Services [RCS]**

Phone: 877-WAR-VETS

US Department of Veteran's Affairs

810 Vermont Avenue, NW

Washington, DC 20420

[www.va.gov](http://www.va.gov)